

WAKEFIELD FOOD PANTRY VOLUNTEER APPLICATION

Name	<i>First</i>	<i>Last</i>	
Address, Mailing and Physical		<i>Town</i>	<i>State</i> <i>Zip</i>
Phone	<i>Home</i>	<i>Work</i>	<i>Cell</i>
Emergency Contact	<i>Name</i>	<i>Phone</i>	

E-mail Address _____

The following is a list of volunteer activities, please indicate the activity for which you wish to volunteer (A description of the position is listed on the back of this form):

FOOD DISTRIBUTION - WEDNESDAYS			
9:30 am -1 pm	Distribute food to food pantry recipients	Yes _____	Times per month _____
		No _____	On call _____
4:30-7 pm	Distribute food to food pantry recipients	Yes _____	Times per month _____
		No _____	On call _____
REGISTRATION -WEDNESDAYS			
9:45 am -1 pm	Register Food Pantry recipients	Yes _____	Times per month _____
		No _____	On call _____
4:45 -7 pm	Register Food Pantry recipients	Yes _____	Times per month _____
		No _____	On call _____
GARDEN Every Tuesday to harvest and every Friday to garden during season @ 9 a.m.			
		Yes _____	No _____

PRODUCE PREP - TUESDAYS AND WEDNESDAYS			
Tuesdays 8:30 am until done (usually by 10:30)	Prepare produce	Yes _____	Times per month _____
		No _____	On call _____
Wednesdays 7:30-12 noon	Prepare produce and stock shelves	Yes _____	Times per month _____
		No _____	On call _____

PICK UP AND DELIVERY			
Tuesdays and Wednesdays 7:30	Hannaford Ossipee Pick up produce/bakery items	Yes _____	Times per month _____
		No _____	On call _____
Tuesdays and Wednesdays 8:00	Lovell Lake Food Center Pick up food order	Yes _____	Times per month _____
		No _____	On call _____
Thursdays, 11 a.m.	Food Bank order		
	<ul style="list-style-type: none"> • West Ossipee 1st Thursday each month • Dover 3rd Thursday each month 	Yes _____	No _____ On call _____
		Yes _____	No _____ On call _____
Thursdays 10 a.m	USDA		
	<ul style="list-style-type: none"> • Tamworth 6 times a year 	Yes _____	No _____ On call _____
Please indicate what type of vehicle you will be using		_____	

WAKEFIELD FOOD PANTRY VOLUNTEER APPLICATION

Once you fill out the application, please mail to

Wakefield Food Pantry
PO Box 426
Sanbornville, NH 03872

Someone will contact you to arrange for orientation and training.

Please indicate on this form if you are gone for blocks of time each year and be sure to let us know when your availability changes or if your contact information needs to be updated.

I am gone for the following blocks of time each year _____

Activity Descriptions

FOOD DISTRIBUTION - WEDNESDAYS

Working with at least one other volunteer, you will distribute food to the food pantry recipients from 9:30 until 1 pm (on a very busy day this might be as late as 1:30) or from 4:30-7pm.

You may also need to stock shelves if food comes in during the shift.

This position requires standing, walking, bending and lifting. Light duty cleaning of the refrigerators/freezers are expected.

PRODUCE PREP - TUESDAYS AND WEDNESDAYS

Working with at least one other volunteer, you will process, clean and repackage donated produce from the local grocers. On Tuesdays the shift is usually 8:30- done (around 10 or later, depending on amount of produce that needs to be processed) On Wednesdays, the shift begins at 7:30 a.m.

You will also stock shelves as directed.

This position requires standing, bending and lifting. Light duty cleaning of the refrigerators/freezers and the kitchen are expected.

PICK UP AND DELIVERY - TUESDAYS-WEDNESDAYS-THURSDAYS

With a pickup truck, SUV or van, you will travel to sites to pick up case lots of food and deliver it to the pantry. On some occasions, you will be expected to help other agencies load their vehicles.

Time commitment for Hannaford and Lovell Lake Market is approximately one hour. Time commitment for Food Bank deliveries (West Ossipee) and USDA (Tamworth) pick up is 2-3 hours. Trips to Manchester 3+ hours.

Heavy lifting required (as much as 40 pounds per case) or 50 pounds of bagged fresh produce.

REGISTRATION - WEDNESDAYS

With a laptop computer, you will register Food Pantry recipients day shift 9:45-1 or 4:45-7P.M and at the end of the shift, you are expected to assist the food distribution volunteers in closing up the pantry.